

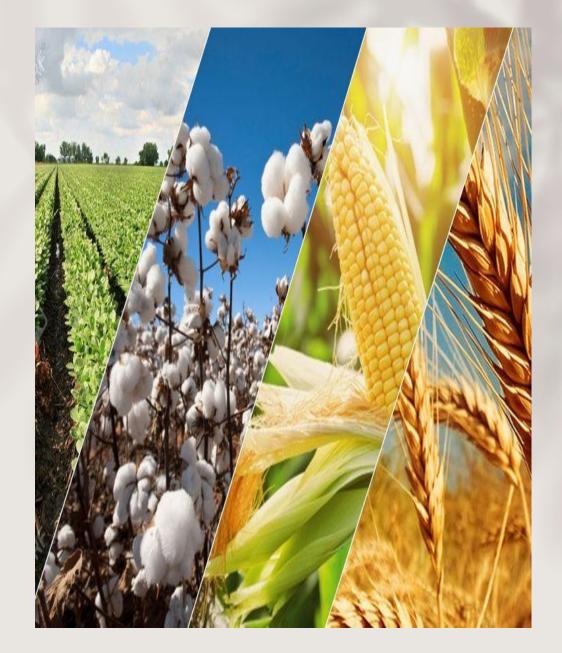
### Food Commodities

Mercury Trade Global

#### Introduction

With a collective experience of 40 years, the Mercury Trade Global team and its affiliates are committed to providing high-quality agricultural products to our customers daily. As a B2B organization, we believe it is our responsibility to help our clients fully benefit from our partnership. The agricultural landscape in India faces challenges, including disorganization, limited land per farmer, and a lack of technical skills, all exacerbated by local issues and climate change that impact quality consistency.

Our clients expect dependable quality throughout the year, and we are dedicated to meeting that demand through our hard work. By working with a network of farmers and processors across India, we ensure the sourcing and export of only the finest products, allowing our customers to take pride in their partnership.



#### What we do....

We export fresh and processed agricultural products, providing customized quality, size, and packaging tailored to our buyers' specifications. We are known for our outstanding quality.





## Why choose us?







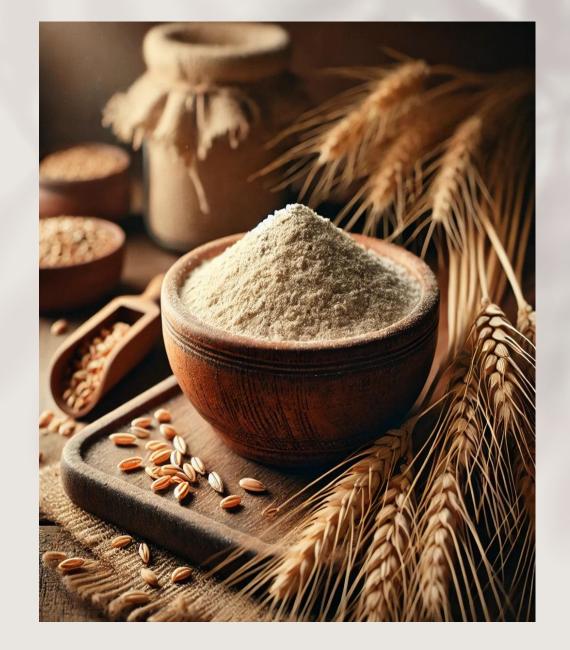
**DIRECT FROM SOURCE** 

**BEST PRICES** 

TIMELY DELIVERY

# Premium Wheat Flour

In addition to being a major source of starch and energy, wheat also provides substantial amounts of a number of components which are essential or beneficial for health, notably protein, vitamins (notably B vitamins), dietary fiber, and phytochemicals.



## Jasmine & Basmati Rice

Rice is the seed from the grass species Oryza sativa, or less frequently, Oryza glaberrima.

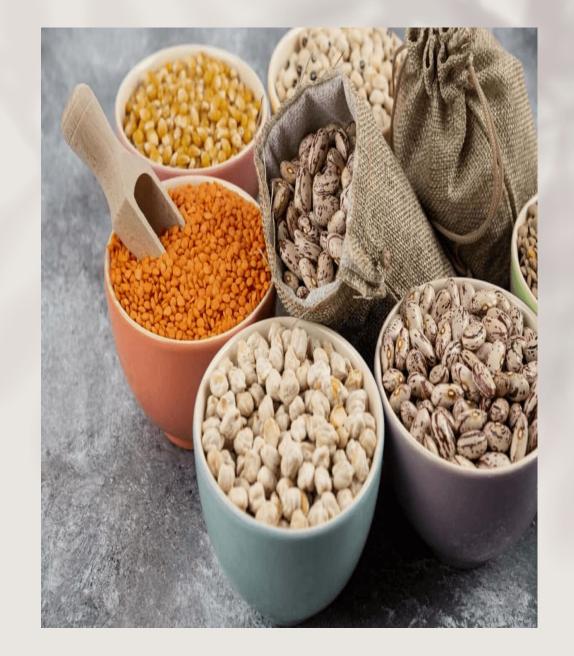
#### 5 Health benefits of rice

- 1. May assist in maintaining a healthy weight.
- 2. Brown rice helps protect against chronic diseases.
- 3. White rice aids in energy replenishment and restores glycogen levels post-exercise.
- 4. White rice is gentle on the digestive system.
- 5. It is a gluten-free grain.



#### Pulses & Grains

Pulses and grains are key to a balanced diet, providing numerous health benefits. Rich in protein, fiber, and nutrients, pulses like lentils, chickpeas, and beans are ideal for vegetarians and vegans. They enhance digestion, regulate blood sugar, and support heart health while being low in fat, aiding in weight management.



## Fruits & Vegetables

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# Root Vegetables

Potatoes, Onions & Garlic



## Spices

While both herbs and spices serve to enhance the flavor of food, studies indicate they are packed with beneficial compounds and may offer health advantages. "Herbs and spices combat inflammation and protect your body's cells," says Moreno. "This is due to their richness in phytochemicals, which are plant-based compounds."









## Premium Cooking Oils

Palm, Soy Bean & Rice Bran



# Connect with us for Quality Products!

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